**NATURAL BEING HOLISTIC WELLNESS SPA & CENTER LLC**

**INFRARED SAUNA WRAP CONSENT FORM**

**NAME:**

**ADDRESS:**

**PHONE #:**

**E-MAIL:**

**PLEASE DO NOT PARTICIPATE IN THIS TREATMENT UNDER THESE CONDITIONS:**

-**DO NOT** use any tanning creams, at least 2 days prior to your wrap.

-**DO NOT** allow yourself to be wrapped if you are pregnant or nursing, have had cancer in the past 2 years, have a heart condition (specifically conditions requiring Coumadin or other blood thinners), or have epilepsy.

-**DO NOT** use any moisturizing lotions or creams the day of your wrap.

-**DO NOT** drink anything for 1 hour before your wrap to ensure you will not need to use the restroom.

**-DO NOT** shave the day of your wrap.

-**DO NOT** drink alcoholic or carbonated drinks before the session.

-**DO NOT** allow yourself to be wrapped if you have very sensitive skin that is easily irritated and prone to breakout.

-**DO NOT** shower for 1-2 hours after receiving the body wrap.

Before being wrapped, the area’s that will be wrapped will first be dry brushed for 5 minutes. Petroleum jelly will be put on the area’s that will be wrapped before applying the detox clay or slimming gel. Socks must be worn while receiving this treatment. By signing below, you acknowledge that you have read and understand this form, and have received acceptable answers to all of your questions and consent to receiving the infrared sauna body wrap. You herby agree to release Natural Being Holistic Wellness Spa & Center LLC from any liability or damage that may incur due to the use of the infrared sauna.

Client Name (print):

Client Signature:

Date: